

**GOOD
FOOD MADE
SIMPLE**

goodfoodmadesimple.com

STUFF WE NEVER USE IN OUR FOOD



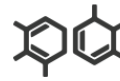
**ARTIFICIAL
PRESERVATIVES**



**ARTIFICIAL
COLORS**



**ARTIFICIAL
FLAVORS**



**ARTIFICIAL
SWEETENERS**



**HYDROGENATED
OILS**

UNACCEPTABLE INGREDIENTS LIST**^

ARTIFICIAL OR CHEMICAL PRESERVATIVES OR ADDITIVES

Acetylated Esters of Mono- and Di-glycerides
Ammonium Chloride
Ammonium Sulfite
Azodicarbonamide
Benzoates
Benzoyl Peroxide
Butylated Hydroxyanisole (BHA)
Butylated hydroxytoluene (BHT)
Brominated Vegetable Oil (BVO)
Butyl Cellulose
Calcium Bromate
Calcium Peroxide
Calcium Propionate
Calcium Sorbate
Calcium Stearoyl-2-Lactylate
Caprocaprylobehenin
Cysteine (l-cysteine)
DATEM (diacetyl tartaric acid ester of mono- and diglycerides)
Dimethylpolysiloxane
Dioctyl Sodium Sulfosuccinate (DSS)
Disodium Calcium EDTA
Disodium Dihydrogen EDTA
Disodium Dihydrogen
Pyrophosphate
Ethylene Oxide
Ethylenediamine Tetra Acetic Acid (EDTA)
Ethyoxiquin
Irradiated Foods
Lactylated Esters of Mono- and Di-glycerides
Lye
Magnesium Chloride

Maltodextrin
Methyl Silicon
Methylbenzene
Methylene Chloride
Methylcrystalline Cellulose
Methylparaben
Mono- and Di-glycerides
Natamycin
Nitrates
Nitrites
Olestra/Olean (sucrose polyester)
Oxystearin
Parabens
Phenylmethane
Polydextrose
Polysorbates
Potassium Benzoate
Potassium Bisulfate/Bisulfite
Potassium Bromate
Potassium Metabisulfate/
Metabisulfite
Potassium Sorbate
Potassium Sulfite
Propionates
Propyl Gallate
Propylene Glycol
Propylparaben
Simplese
Sodium Acid Pyrophosphate (SAPP)
Sodium Aluminum Phosphate
Sodium Aluminum Sulfate
Sodium Benzoate
Sodium Bisulfate
Sodium Bisulfite
Sodium Diacetate
Sodium Erythorbate/Erythorbic Acid
Sodium Glutamate

Sodium Hydroxide
Sodium Nitrate
Sodium Nitrite
Sodium Phosphate
Sodium Propionate
Sodium Stearoyl-2-Lactylate
Sodium Sulfite
Sodium Tripolyphosphate
Sorbic Acid
Sorbitan Monostearate
Stannous Chloride
Succinic Acid
Sucroglycerides
Sucrose Esters of Fatty Acids (Hexa-, Hepta- and Octa)
Sucrose Polyester
Sulfur Dioxide
Sulfites
Tertiary Butylhydroquinone (TBHQ)
Tetrasodium EDTA
Yellow Prussiate of Soda

ARTIFICIAL COLORS

Certified Colors
Cochineal (Carmine)
FD & C Colors
Indigo Carmine

ARTIFICIAL FLAVORS

Disodium Guanylate
Disodium Inosinate
Ethyl Vanillin
Glutamates
High Fructose Corn Syrup
Hydrolyzed Vegetable Protein (including soy, corn and wheat) (HVP)
Monosodium Glutamate (MSG)
Vanillin

ARTIFICIAL SWEETENERS OR SUGAR SUBSTITUTES

Acesulfame-K (acesulfame potassium)
Aspartame/NutraSweet
Cyclamates
Hydrogenated Starch Hydrolysate
Saccharin/Sweet'n Low,
Ammonium Saccharin, Calcium Saccharin, Potassium Saccharin
Sucralose/Splenda
Sugar Alcohols (Erythritol, Lactitol, Maltitol, Mannitol, Sorbitol, Xylitol)

HYDROGENATED OILS (A SOURCE OF TRANS FATS)

Hydrogenated Fats
Partially Hydrogenated Oil (of any kind)

* Due to our ongoing sourcing activities, we continually evaluate the acceptability of various ingredients that are offered by our suppliers. As we reach decisions on additional ingredients that do not meet our standards, we will update this list.

^ Many of the listed ingredients could be categorized under multiple categories. To avoid redundancy, we've chosen to list each ingredient only once under the heading that we determine is most representative of its typical function.